Save The Date

The Family Resource Center & PTRC present the 16th Conference on Disabilities & Special Needs
“Let’s Focus on Behavior”
September 26, 2015
9:30 - 4:00
The Citadel - Charleston

For more information:
843-266-1318
www.frcdsn.org

“Let focus on behavior” - How often have we been in an IEP or 504 Meeting and someone suggested that we do just that. Maybe you suggested it yourself. Simply put, the behavior might fall into 3 basic categories: Good, Bad, or Indifferent. Most of the time, if the behavior is good, we don’t spend much time focusing on it. Perhaps we should; there may be clues that would help us with the bad or the indifferent.

Out 16th conference will include topics to help us learn how to shape behavior; reward the good, improve the bad, and motivate the indifferent. We are currently recruiting speakers who may want to share their expertise. Unfortunately, we will only have a few spots open and the only compensation we can offer is a free lunch AND the thanks you’ll receive from helping families. And, of course, our gratitude. Please contact the Family Resource Center if you’d like your presentation considered for our agenda. All agenda decisions will be made by August 15th.

It’s not too soon to register. Conference updates will be posted on our website over the summer. We expect this to be the last newsletter prior to the conference. You can register by phone or send an email to the contact address posted on our website. Someone will call you to confirm your reservation and collect more information. You can also mail or fax the reservation form on the back of the newsletter. There is a $10 conference fee which includes a free lunch. Don’t forget our Silent Auction. A limited number of hardship waivers will be available.

Looking for Something FUN to do this Summer?
The Children’s Museum of the LowCountry has week-long summer day camps that run through August 14. Children ages 3-10 are eligible & can attend half day or full day sessions. See the schedule below for the fun activities and check the website for complete description and more information about camp.

June 22 – 26 - Super Heroes Camp
Come explore the world of Batman, Wonder Woman, Spiderman and more! From capes to shields, we’ll make everything your little ones need for super human powers. Campers love our super hero training obstacle course! Costumes are optional but encouraged.

June 29 – July 2 (4 day) - Sensational Science
Curious little scientists will roll up their sleeves to explore basic scientific principles while having fun

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Información: 795

Se invita a las personas con necesidades especiales, sus familias y cuidadores para disfrutar de un poco de diversión en Whirlin 'Waters Adventure Waterpark en North Charleston Wannamaker Parque el 20 de junio y 18 de julio a partir de 6: 30-8: 30 PM. (Fecha de Lluvia 25 de julio). El costo es de $ 9 por persona, niños de 2 y menos entran gratis. Un acompañante que ha pagado la cuota de inscripción es necesaria para todos los participantes. El registro se animó y se puede hacer en línea en: www.ccprc.com/1788/Special-Needs-Swim-Night

El registro en línea termina a la medianoche del día antes de cada evento. En el día del evento, la entrada se puede adquirir llamando al 843-795-4386 por 14:00 o en la puerta de eventos si está disponible. Para evitar la línea, se recomienda la compra avanzada. Si usted compra la entrada avanzada, debe tener y presentar su recibo para ganar la admisión en el evento. Honorarios de la siguiente lista son por persona, incluyendo chaperones y cuidadores.


Un grupo de soporte para familias de habla Hispana se reúne el cuarto Viernes de cada mes de las 6 a las 8 en la Clínica MUSC Northwoods 2070 Northbrook Blvd, Suite A-16, North Charleston. Para mayor información llame a Martha al (843) 876-2505

Fechas Reuniones 2015 - 6:00 PM
2070 Northbrook Blvd, Suite A 16, N. Charleston SC

Las Reuniones son los cuartos Viernes de cada mes. Favor estar en la clínica entre 6 y 6:30

Inglés Languange Estudiantes tienen derecho a igual acceso a la educación

Bajo el Título VI de la Ley de Derechos Civiles (Título VI) de 1964 y la Ley de Igualdad de Oportunidades Educativas (EEOA) de 1974, las escuelas públicas tienen que asegurarse de que los estudiantes aprendices del inglés puedan participar de forma significativa y equitativa en los programas educativos.

El Departamento de Educación (ED) y el Departamento de Justicia (DOJ) han publicado una guía para recordar a las agencias estatales de educación (las SEA), a los distritos escolares públicos y a las escuelas públicas de su obligación legal de garantizar que los estudiantes aprendices del inglés puedan participar de forma significativa y equitativa en los programas educativos.


Si tiene preguntas, desea obtener información adicional, o cree que una escuela está violando la ley federal:

- Puede visitar el sitio web de la División de Derechos Civiles del Departamento de Justicia (DOJ) en www.justice.gov/crt/about/edu/ o contacte a DOJ al (877) 292-3804 o escriba a education@usdoj.gov. Para obtener más información sobre cómo tramitar una queja, visite www.justice.gov/crt/complaint/#three.
- Para obtener más información sobre las obligaciones de los distritos escolares hacia los estudiantes aprendices del inglés y los padres con dominio limitado del inglés, consulte los consejos adicionales de OCR, disponibles en http://www2.ed.gov/about/offices/list/ocr/ellresources.html.

Ir a la página 7 para otro evento

Por favor, perdona los errores de traducción.
Working on Working Memory

School is out for the summer & for most kids this means a lot of fun and free time. It can also be a great time to improve a few skills and establish new habits to get the next school year off to a better start.

If your child has ADHD or other learning difficulties he/she may experience challenges with working memory. Working memory is the part of our short-term memory that helps us to process what is currently going on in our surroundings and/or our own thoughts. Tracy Packiam Alloway, PhD, a lead member of a government-funded study, reports “One of the most consistent findings in research studies is that students with ADHD have poor working memory, particularly when they have to remember visual information, such as graphs or images…students with ADHD were 4 times more likely to have working memory problems compared to their peers without attention problems. This has serious impact on their learning. As a result of working memory problems, students with ADHD can struggle in all areas of learning. They can also find it difficult to cope with simple tasks in the classroom, such as following instructions, keeping track of where they need to be, remembering to do their assignments, and so on.”

Having difficulties with working memory can create problems in learning, problems following instructions, and can make a child feel like they don’t know how to complete tasks. Even if a child does not have a co-occurring learning disability, working memory problems can make it appear that way since their grades may be very poor. Terry Matlen, ACSW, a psychotherapist and coach who specializes in ADHD, states: “They’re more easily distracted by outside noise and their own thoughts. They’re typically disorganized. For instance, they forget to bring assignments home or take completed homework to school, leading to lower grades” She adds that these children tend to manage their time poorly and procrastinate, which usually results in submitting work that’s well below their capabilities.

But this doesn’t mean that children with ADHD are doomed to bad grades or poor school performance. As a parent or caregiver, you can do a lot to help your child manage their symptoms and do well in school. Although medication has been found to help some children with working memory issues, typical-Wheelchair Basketball Tournament

The MUSC Physical Therapy Class of 2016 is hosting the 4th Annual “Shots with a Spin” Wheelchair Basketball Tournament benefiting Achieving Wheelchair Equality (AWE.) AWE is a local organization that provides home modifications, extracurricular activities, and social support to improve the quality of life for those individuals who use wheelchairs. AWE sponsors several low country wheelchair sports including wheelchair racing, weightlifting, and the North Charleston Hurricanes, a local Wheelchair Basketball team. This tournament not only serves as a major fundraiser for AWE, but also as an educational experience for those living with disabilities that may be unaware of all of the recreational opportunities available to them. This year’s Shots with a Spin will include the competitive basketball tournament, kid’s carnivals, silent auctions, information stands, adaptive auto show, recreational adaptations, and silent auction.

When: June 27, 2015
Where: Deas Hall at the Citadel
Time: 8:30 to 4
Admission: Tickets $5, 2 for $8, kids under 12 free!

For more info contact Kaitie Burke at: burkek@musc.edu...or Maureen Cron at: cron@musc.edu...or Chelsea Wright at: wrighcl@musc.edu...or Follow on Facebook at: ShotsWithaSpin

Check This Out

The Center on Technology & Disability is funded by the US Dept. of Ed (Office of Special Education Programs) to promote the effective use of assistive & instructional technology to improve outcomes of infants, toddlers, children, and youth with disabilities. The Center provides content to parents, professionals, and other audiences in three main ways: 1: The Library: Features numerous publications and videos regarding assistive and instructional technology for parent and professional audiences. http://www.ctd institute.org/library; 2: The Café: Features free webinars, discussion forums and TweetChat events facilitated by leaders in the field. A wide variety of topics are available for both parents and professionals. http://www.ctd institute.org/café; & 3: The Learning Center: Offers in depth expert led e-learning modules. http://www.ctd institute.org/elearning

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Get the Support You Need
Check These Out:

Trident Head Injury Support Group: meets the 1st Tuesday of each month from 7:00-8:30 PM at the HASCIDrop In Center, Westwood Plaza (intersection of Hwys 7 & 61), Suite 6, next to Hancock Fabrics. For more info: Marsh Mikell at 843-881-1214 or Colin DeResta at 843-852-5550. Follow on Facebook.

Down Syndrome Association of the Low Country: sponsors four Information Programs and four Social Events each year - in addition to Mothers Night Out. For a complete calendar of events, check their website at: www.dsalowcountry.org or follow them on Facebook. You may also call: 654-1552.

Parent & Guardian Association of the Coastal Center: This group supports those with a family member residing at the Coastal Center. General meetings are held four times a year. For more information contact Linda Bodiford at 821-5809 or Suzanne at 276-1001.

Rett’s Syndrome Support: Families in need of a contact person to access support services for girls with Rett’s Syndrome may call Nancy Banov at 556-4632 after 3 PM.

Trident Spinal Cord Injury Peer Support Group: This group is open to any person with a spinal cord injury or other mobility difficulties. The meetings provide a forum for the members to discuss issues and concerns and receive immediate feedback. Some members use the meetings to brainstorm possible solutions to ongoing problems. In addition, the group provides members with opportunities to develop a social network. Meetings are held on the second Tuesday evening of every month (6:00-8:00 PM). Meetings are no longer held at the Golden Corral. For more information and to confirm the location for the next meeting, contact Barb Delia at 843-572-8600.

Grief Support Group for Children - Bereavement group for children ages 8-12 (1 group) and 13-15 (2nd group) sponsored by Heartland Hospice, 1064 Gardner Rd, Suite 204, West Ashley, Charleston. For more information contact Kimberly at Heartland Hospice, 766-7646.

Sickle Cell Sisters (for teenage girls with sickle cell disease) is a therapeutic support group for teenage girls between the ages of 13 and 18. The group meets every other month at MUSC Children’s Hospital and focuses on psychosocial aspects of living with sickle cell disease. For more information call Christine at 843-792-4152.

The National Alliance for the Mentally Ill (NAMI) of the Charleston area offers support group meetings for individuals who suffer from a brain disorder and for family members and caregivers of those who have severe and persistent mental illness. Notice New Location! The meetings are 6-7:15 p.m. the second Monday of every month at Seacoast Church, 2049 Savannah Highway in West Ashley. Client member support group will meet in the senior lounge. Family member groups will meet in the JCC program directors conference room. On the Third Monday of each month the group meets at Bethany United Methodist Church, 118 West Third South Street Summerville. For more information, call 843-871-1009 or contact joann1328@comcast.net or name.org/sites/namicharlestonarea

Summerville Autism Support - This group meets frequently, but irregularly, for a night out. Please call Jodi Hortman (870-3485) for information on the next get together.

We Are Here: A group for families and caregivers of individuals with all types of disability or special needs. We Are Here is taking a summer break but will resume in September. At that time, they will continue to meet with a “sharing & caring” group that meets the third Wednesday of every month at the Baum Temple AME Zion Church, 943 W 1st N St, Summerville, SC (873-2475). Participants are encouraged to bring refreshments (but NOT required.) For more information or if you wish to share specific information, plan an activity, or teach a craft or skill please contact Shawnetta at 843-695-8262 or 843-801-7421.
Epilepsy Support Group for families of children with epilepsy meets on the 2nd Saturday of each month at Cathedral of Praise, Bldg. A, Room 103, 3790 Ashley Phosphate Rd., N. Charleston. Look for SAFE sign outside building. The Group meets from 11am-1pm (First hour is education/business meeting, second hour is support group) For more information contact Karen St. Marie at 843-991-7144 or at Karen@scepilepsy.org. Also check out their Facebook page under “South Carolina Advocates for Epilepsy”.

Low Country Autism Support Group sponsored by the Early Autism Project meets the 2nd Monday of the month at the Early Autism Project Clinic, 1123 Queensborough Dr., Mt. Pleasant, from 6:30-7:30. Speakers will be invited to each meeting and refreshments are served. Childcare is provided but you must register in advance for the free service. You do not have to be a client of the Early Autism Project to participate. For more information and to register for childcare, call Anna Bullard at 912-293-5217.

Support Group for Spanish Speaking Families: 4th Friday of each month from 6-8 PM at the MUSC Northwoods Clinic, 2070 Northbrook Blvd., Suite A-16, N. Charleston. Call Martha at 843-876-2505.

Looking for Someone to Talk with about Autism? There are two on-line ways to reach out to others in the “autism community” in South Carolina. An on-line support group has been organized for teachers, professionals, service providers & family members. To subscribe, send a blank email to: autismsouthcarolina-subscribe@yahoogroups.com.

The SCAS has an organized discussion group for parents & families who want to share their joys, stories, challenges, and solutions. To subscribe, send a blank email to: scautismforum-subscribe@yahoogroups.com

Camp Rise Above is 6 2-day camps in July sponsored by Charleston County Parks & Rec at James Island Park for kids with specific disabilities. Please call them for dates & more info: 843-300-9100

Healing Farms Camp Ability

A summer day camp designed just for individuals with intellectual disabilities ages 17-26 is underway. It provides opportunities for your young adult to have fun, form new friendships, & build life skills resulting in a greater level of independence. The next session runs from June 22-26. Camp times are 9 AM – 4 PM daily & extended stay is available. Camp fee is $175 per week and includes all activities, daily snacks, & camp T-shirt. Spaces are limited; for more information visit www.healingfarms.com or call 843-971-9300

September 19, 2015 - Save the Date for the 4th Annual Autism Forum to be held at the College of Charleston. This event is sponsored by the Lowcountry Autism Consortium. Please visit their website for more information as it becomes available: www. http://lowcountryautismconsortium.org

The contents of this newsletter were developed under a grant from the US Dept. of Education, #H328C110017. However, contents do not necessarily represent the policy of the US Department of Education, and you should not assume endorsement by the Federal Government.

Project Officer, Julia Martin Eile.

Remembering Michael

Michael Lewis, the beloved son of Shawnetta Lewis, was an amazing little boy who loved baseball, super heroes and his family. He was a miracle league athlete and precious to all who knew him. Sadly, he passed away on May 3rd at only 9 years old. Shawnetta is a member of the Family Resource Center Family, providing peer parent mentoring to parents of children with disabilities. We share her grief and echo her words, as she released a white dove into flight at Michael’s funeral: Farewell, Farewell, Fly Home….
The Family Resource Center (FRC) feels a little less complete these days now that Michael Filippone is no longer a Peer Parent Mentor with our PTRC. We wish Michael the best of luck in Colorado as he settles in his new home. Michael is a tireless advocate for his son and he passed that skill on to all he knew. He has been a valuable asset to our program and was one of our very first Mentors, starting with us in 2000. During that time he shared his expertise with hundreds of families in the tricounty. We know children with disabilities benefited from the information and training he provided to parents over the last 15 years. While we were sad to see him move on, we know that there will be parents of children with disabilities whose lives he will continue to touch.

So, how are we managing these days without Michael? We’ve contracted with several new Mentors to fill the void. Our Mentors receive specialized training each year from Dr. Mitch Yell, professor at the University of South Carolina. Mentors help parents understand their rights & responsibilities & provide technical assistance with the special education process. The FRC welcomes Allyson Kneib, Chelsea Mikel, and Tracie Hayward to the PTRC. All three bring valuable talents to our team and are already mentoring parents in our service area. These ladies are welcomed by our staff (Susan Clark, Page Miller, & Bev McCarty), along with the other Peer Parent Mentors currently working with families: Melinda Hawk, Ruth Burrows Harkleroad, Sharla Gould, Alice Kennedy, Shawnetta Lewis, and Mary Snyder.

Special Swim Night
People with special needs, their families, and caregivers are invited to enjoy some fun at Whirlin’ Waters Adventure Waterpark at North Charleston Wannamaker Park (8888 University Blvd, N. Charleston) on June 20th & July 18th from 6:30-8:30 PM. (Rain date July 25th). Cost is $9 per person, children 2 and under are free. A chaperone who has paid the entry fee is required for all participants. Registration is encouraged and can be done online at: [http://www.ccprc.com/1788/Special-Needs-Swim-Night](http://www.ccprc.com/1788/Special-Needs-Swim-Night)

Online registration ends at midnight on the day before each event. On the day of the event, admission can be purchased by calling 843-795-4386 by 2 p.m. or at the event gate if available. To avoid the line, advanced purchase is recommended. If you purchase advanced admission, you must keep and present your receipt to gain admission into the event. Fees listed are per person, including chaperones and caregivers.

More FUN at Wannamaker: Wannamaker Movie Night! Bring your blanket and watch a movie under the stars on July 11, Aug. 8, & Sept. 12. Movies begin just after sunset (about 8:15). No outside food, alcohol or coolers permitted. Food and drink will be available for purchase. Pets are allowed, but must remain leashed at all times. Movies are free with the $1.00 park admission. For more info: 795-4386.

Children’s Museum Summer Fun
Continued from Page 1

with messy experiments and projects. We’ll explore physics, chemistry, biology, and geology during this four-day camp!

**July 13 – 17 - Theatrics Camp**
Campers will take center stage as children’s stories come to life with dramatic games, costumes, sound effects, and more. Campers will experience the art of face painting, costume design, and puppet creation. Older campers will have the opportunity to develop scripts and select music & scenery for their production. Grown-ups are invited to our productions on Friday!

**July 20 – 24 - Knights and Fairies II Camp**
Explore the worlds of knights and fairies with us during our NEW camp! Campers will create their own fairy gardens and castles. After constructing their own swords and wands, our little knights and fairies will test their skills in our training obstacle course!

**July 27 – 31 - Star Wars II Camp**
Want more Star Wars? The second week of Star Wars camp is different from the first, so your little Padawan can enjoy two weeks of Star Wars adventures!

**August 3 – 7 - Campy Camp**
It’s all about the great outdoors and pretend PLAY at this camp! We’re turning our classroom into a forest and setting up camp. We’ll build tents and make
Alice in Wonderland Dance Party

People with special needs, their families, and caregivers are invited down the rabbit hole for an Alice in Wonderland themed dance party! The book is stuffed with food, so the Queen of Hearts will be sure to have plenty of snacks and refreshments.

When: August 21, 2015 - 6:00 PM - 8:00 PM
Where: Bees Landing Recreation Center
1580 Ashley Gardens Blvd, Charleston, SC
Cost: $5 Children 3 & under are free. For more info contact: 795-4386

Don’t be late for this very important date!

Fiesta de Baile

Basado en el libro Alice in Wonderland
Las personas con necesidades especiales, sus familias y cuidadores son invitados por la madruguera del conejo para una Alicia en partido temático de baile! El libro está lleno de comida, por lo que la Reina de Corazones se asegurará de tener bocadillos y refrescos para usted.

Cuándo: 21 de agosto 2015 - 18:00-20:00
Dónde: Abejas Landing Recreation Center
1580 Ashley Gardens Blvd, Charleston
Costo: $ 5 Niños 3 y menores entran gratis. para más información llame : 795-4386

Working Memory…..Continued from Page 3

ly, the effects only last while medication is being taken. There is support for other methods of improving working memory skills without medication, as well. According to John M. Grohol, Psy.D. of PsychCentral.com, there are things you can do with your child to help improve working memory. Some of the things he recommends include:

1. Define & Discuss what “Paying Attention” Looks Like. This discussion can help children learn what it actually means to pay attention. Tell your child to look at the adult/teacher when they are speaking, only speak when it is his/her turn to talk, only talk about the topic at hand, be still except when movement is needed to complete a task. Paying attention may look different depending on the activity. Repeat this discussion many times & reinforce improvements in paying attention. First, assess how long your child can pay attention, such as by timing how long he can follow the “rules” of paying attention that you have discussed with him while he completes a homework assignment. Then, provide a reward for paying attention for that long. Then, provide rewards for slightly longer amounts of time paying attention. Visual reminders may help with the “rules”.

2. Practice Remembering Larger Bits of Information. Kids with working memory difficulties are likely to hold fewer items in their working memory. Kids with these difficulties are likely to lose what is in their working memory more quickly unless they can process it and move the information into long-term memory. To help kids improve their working memory, play silly games like creating a list of tasks to complete and see how many they can remember to do. Parents can play, too. The tasks should only require a single action. You can also make the tasks funny. For example tell your child to: clap your hands, pick up that blanket, wiggle your body, spin around, etc.

3. Play Memory Training Games. Playing frequent memory games may help to some extent. Consider playing games such as Simon, the card game War, Uno, Concentration, or any of the many other games or apps that require memory and attention.

These are just a few suggestions. For the full article visit http://pro.psychcentral.com/child-therapist/2015/05/3-effective-strategies-for-improving-working-memory-in-kids-with-adhd/
"Let's Focus on Behavior" - 16th Conference on Disabilities and Special Needs

Advance registration is recommended to guarantee lunch. Return this form to: FRC, 1575 Savannah Hwy, Ste 6, Charleston, SC 29407 or fax: 843-266-1941 $10 Conference fee includes a catered lunch.

Name:(Please Print) __________________________________________________________

Address: ___________________________________________________________________

Phone (Day) ______________________ Email: ________________________________ Please add my name to your mailing list: __ yes __ no I am (all that apply): ___ An individual with a disability ___ Parent ___ Family Member ___ Professional ___ Educator ___ Service Provider ___ Other (specify) ____________________________

Agency Represented: _________________________________________________________

_______ # of Registrants Please enclose $10/per person. If registration pays for persons other than yourself, please list names:__________________________________________________________________________

Make checks payable to: FRC _____ Please consider my request for hardship waiver

For more information or if special accommodations are needed to attend the conference please contact 266-1318