

*Family Resource
Center for Disabilities
and Special Needs*

Resource Directory

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Parent Training and Resource Center
1575 Savannah Highway - Suite 6
Charleston, SC 29407

Phone: 843-266-1318
Fax: 843-266-1941
E-mail: frc@frcdsn.org
www.frcdsn.org

Family Resource Center for Disabilities and Special Needs
1575 Savannah Highway - Suite 6, Charleston, SC 29407



TELEPHONE NUMBERS TO NOTE:



All phone numbers are within the 843 area code unless otherwise noted

FAMILY RESOURCE CENTER FOR DISABILITIES & SPECIAL NEEDS bevmccarty@frcdsn.org	266-1318
ADVOCACY COALITION FOR PEOPLE WITH DISABILITIES	795-5316
AIR FORCE FAMILY SUPPORT CENTER	566-4406
ASSOCIATION FOR THE BLIND	723-6915
ASSOCIATION FOR RETARDED CITIZENS (THE ARC)	800-433-5255
ATTENTION DEFICIT DISORDER ASSOCIATION (ADDA)	216-350-9595
AUTISM DIVISION (COASTAL) - SCDDSN	852-4120
BABYNET	792-4373
BERKELEY CITIZENS	761-8513
BIG BROTHERS/BIG SISTERS	747-1313
CARING CONNECTION	876-1505
CAROLINA CHILDREN'S CHARITY	763-2640
CAROLINA YOUTH DEVELOPMENT CENTER	744-5358
CENTER FOR ATTENTION DEFICIT DISORDERS (MUSC)	876-1256
CHARLES WEBB CENTER	952-5545
CHARLESTON/DORCHESTER MENTAL HEALTH CENTER	727-2118
CHARLESTON SPEECH & HEARING	552-1212
CHILD CARE RESOURCES & REFERRAL	747-9900
CHILDREN & ADULTS W/ADD (CHADD)	800-233-4050 Ext. 121
CHILDREN, YOUTH & FAMILIES (CITY OF CHAS)	965-4037
CHILDREN'S REHABILITATIVE SERVICES (CRS)	792-3561
CRS - toll free	800 305-4173
CHRISIS MINISTRIES (Homeless Shelter)	723-9477
COASTAL CENTER	873-5750
COMMISSION FOR THE BLIND	852-4225
COMMUNITY RESOURCE CENTER FOR DEAF & BLIND	852-4160
CONTINUUM OF CARE/EMOTIONALLY DISTURBED CHILDREN	740-1570
COUNCIL FOR THE DEAF	724-6549
DHEC (Public Health Services)	792-3561



TELEPHONE NUMBERS TO NOTE:



DISABILITIES BOARD OF CHARLESTON COUNTY	805-5800
DORCHESTER COUNTY DISABILITIES BOARD	871-1285
DOWN SYNDROME ASSOCIATION OF THE LOWCOUNTRY	795-9262
EASTER SEALS	308-7391
EXCHANGE CLUB CENTER /PREVENTION OF CHILD ABUSE	747-1339
FAMILY CONNECTIONS OF SOUTH CAROLINA, INC.	803-252-0914
FAMILY COURT	958-4400
FAMILY SERVICES, INC.	745-1666
FEDERATION OF FAMILIES FOR CHILDREN'S MENTAL HEALTH	(866) 779-0402
FIRST CALL FOR HELP Charleston	740-9000
Dorchester	821-5000
Moncks Corner	851-4155
FIRST STEPS	745-0327
GOODWILL INDUSTRIES	566-0072
GUARDIAN AD LITEM Charleston	724-6790
Berkeley	(843) 719-4953
HEALTH DEPARTMENT	579-4500
HORIZON HOUSE	723-8223
HOTLINE	744-4357
HEAD START CHILD DEVELOPMENT	577-8857
HEARING HELPLINE	800-424-8576
HOTLINE	744-4357
LEARNING DISABILITIES ASSOCIATION OF AMERICA	412-341-1515
LOWCOUNTRY EPILEPSY ASSOCIATION	723-4678
LOW COUNTRY CHILDREN'S CENTER	723-3600
LOW COUNTRY MULTIPLE SCLEROSIS SUPPORT GROUP	553-9129
LOWCOUNTRY POLIO SURVIVORS NETWORK	588-6438
MARCH OF DIMES	571-1776
MAYOR'S COMMISSION ON CHILDREN (CHARLESTON)	723-5000
MUSC - DEVELOPMENTAL PEDIATRICS (Formerly Vince Moseley Center)	876-1511
MUSCULAR DYSTROPHY ASSOCIATION	556-3654



TELEPHONE NUMBERS TO NOTE:



NAVY FAMILY SERVICE CENTER	743-6250
ORTON DYSLEXIA SOCIETY (COLUMBIA)	803-772-8065
PARENT & GUARDIAN ASSOC. OF THE COASTAL CENTER	821-5809
PARENTS ANONYMOUS OF SC	800-326-8621
PARENTS FOR PUBLIC SCHOOLS	884-2278
PROJECT REST	266-1318
PROPARENTS	800-759-4776
PROTECTION & ADVOCACY FOR PEOPLE WITH DISABILITIES	866-275-7273
SOJOURNER CENTER FOR WOMEN	720-5395
SOCIAL SECURITY ADMINISTRATION	800-234-5772
SC ALLIANCE FOR THE MENTALLY ILL	800-788-5131
SC AUTISM SOCIETY	800-438-4790
SC CARES FOR CHILDREN	800-722-2737
SCDDSN - REGIONAL (COASTAL) OFFICE	832-5562
SCDDSN - CENTRAL (COLUMBIA) OFFICE	803-898-9609
SC INDEPENDENT LIVING COUNCIL	803-731-1439
SC PARENT INFANT PROGRAM	852-3596
SC SERVICES INFORMATION SYSTEM (SCSIS)	800-922-1107
SC YOUTH ADVOCATE PROGRAM	747-4184
SPECIAL OLYMPICS	795-5316
SPINA BIFIDA ASSOCIATION OF TRI-COUNTY	797-7775
TEL-A-RIDE	724-7420
TOURETTE ASSOCIATION OF SC	803-798-0990
TRI-COUNTY LEARNING DISABILITIES ASSOCIATION	875-1196
TRIDENT CEREBRAL PALSY PARENT SUPPORT GROUP	792-3561
TRIDENT HEAD INJURY SUPPORT GROUP	552-0696
TRIDENT UNITED WAY	723-5000
VOCATIONAL REHABILITATION	571-0100
VOLUNTEER CENTER OF THE LOWCOUNTRY	744-3920
WOMEN, INFANTS, & CHILDREN (WIC)	724-5950
YOUTH SERVICE CHARLESTON (youth volunteers)	937-6489



TELEPHONE NUMBERS TO NOTE:



SCHOOL DISTRICT NUMBERS

STATE SUPERINTENDANT OF SCHOOLS (Inez Tenenbaum)		803-734-8492
	FAX	803-734-3389
STATE DEPARTMENT OF SPECIAL EDUCATION (Susan DuRant)		803-734-8465
BERKELEY COUNTY		
COUNTY OFFICE		899-8600
COUNTY SUPERINTENDENT		899-8601
DIRECTOR, SPECIAL ED PROGRAMS		899-8677
TRANSPORTATION		899-8609
CHARLESTON COUNTY		
COUNTY OFFICE		937-6500
COUNTY SUPERINTENDENT		937-6318
DIRECTOR PUPIL PERSONNEL SERVICES (SPECIAL ED)		937-6527
TRANSPORTATION		566-8118
DORCHESTER DISTRICT 2		
OFFICE		873-2901
DISTRICT SUPERINTENDENT		873-2901
SPECIAL ED COORDINATOR		875-4161
TRANSPORTATION		873-6196
DORCHESTER DISTRICT 4		
OFFICE		563-4535
DISTRICT SUPERINTENDENT		563-5910
DIRECTOR, EXCEPTIONAL CHILDREN SERVICES		563-5917
TRANSPORTATION		462-2234

GOVERNMENT NUMBERS

GOVERNOR MARK SANFORD	803-734-9818
HONORABLE LINDSEY GRAHAM	202-224-5972 (DC)
HONORABLE JIM DEMINT	202-224-6121 (DC)
CONGRESSMAN HENRY BROWN	202-225-3176 (DC)
CONGRESSMAN FLOYD SPENCE (DISTRICT 2)	803-254-5120
	202-225-2452 (DC)



DISABILITY INFORMATION WEBSITES



Family Resource Center & Parent Training & Resource Center: www.frcdsn.org

South Carolina State Department of Education: www.ed.sc.gov

My South Carolina Government: www.myscgov.com/SCSGPortal/static/government_tem1.html

Building the Legacy: IDEA 2004 (Sponsored by the US Department of Education): <http://idea.ed.gov/>

IDEA '04 Regulations: www.ed.gov/policy/speced/guid/idea/idea2004.html#regulations

OSEP Ideas that Work "Tool Kit": www.osepideasthatwork.org/toolkit/index.asp

I.E.P. Pop-Up: <http://nclid.unco.edu/nclid/bvi/>

South Carolina Autism Society: www.scautism.org

Autism Research Institute: www.autismwebsite.com/ari/index.htm

National Alliance for Autism Research (NAAR): www.naar.org

Autism Society of America: www.autism-society.org/

Aspergers Disorder Homepage: www.aspergers.com/

On-Line Aspergers Syndrome Information & Support: <http://aspergersyndrome.org/>

Learning Disabilities on line: www.ldonline.org/

The Family Village: www.familyvillage.wisc.edu

Parents Helping Parents: <http://php.com/>

Beach Center on Families and Disabilities: www.beachcenter.org/

National Association for Rare Diseases, Inc.: www.rarediseases.org

Children & Adults with Attention Deficit Disorder (CHADD): www.chadd.org/

Special ed News: www.specialednews.com

Disability is Natural: www.disabilityisnatural.com

Disability Info: www.disabilityinfo.gov/digov-public/public/DisplayPage.do?parentFolderId=500

Center on Human Policy: <http://thechp.syr.edu/>

National Resource Center for Health & Safety in Child Care & Early Education: <http://nrc.uchsc.edu/>

National Information Center for Child & Youth w/Disabilities (NICHCY): www.nichcy.org/

National Resource Center for Health & Safety in Child Care: <http://nrc.uchsc.edu/>

Research & Training Ctr. Family Support/Children's Mental Health: www rtc.pdx.edu/

Bazon Center for Mental Health Law: www.bazon.org/

National Fathers Network: www.fathersnetwork.org/

Project Forum: www.projectforum.org/

Center for Evidence Based Practice: challengingbehavior.fmhi.usf.edu/resources.html

Wrightslaw: www.wrightslaw.com/

Learning & Developmental Disabilities Evaluation & Rehabilitation Services: www.ladders.org/index.html

Center for Self-Determination: www.self-determination.com/index.html

Parent Advocacy Coalition for Education Rights (PACER): <http://www.pacer.org/>

Positive Behavior Interventions & Support: www.pbis.org/main.htm

Federal government's disability related information & resources: www.disabilityinfo.gov/

Disability Resource on the Web: www.disabilityresources.org/PARENTS-OF.html

South Carolina Information Page: www.sc.gov

Lowcountry Resources: <http://www.l211help.org>

COMMONLY USED ACRONYMS

ABA	Applied Behavioral Analysis
ADA	Americans with Disabilities Act of 1990
ADD	Attention Deficit Disorder
ADHD	Attention Deficit/Hyperactivity Disorder
ADL	Activities for Daily Living
AFDC	Aid to Families with Dependent Children
AIT	Auditory Integration Training
APD	Auditory Processing Disorder
APIB	Assessment of Pre-Term Infant Behavior
ARC	Association for Retarded Citizens (National Advocacy Group)
ASA	Autism Society of America (National Advocacy/Support Group)
ASD	Autism Spectrum Disorder
ASL	American Sign Language
AT	Assistive Technology
BD	Behavior Disorder
BIP	Behavior Intervention Plan
CARS	Childhood Autism Rating Scale (diagnostic tool)
CAPD	Central Auditory Processing Disorder
CEC	Council for Exceptional Children
CFB	Commission for the Blind
CHAT	Checklist for Autism in Toddlers (diagnostic tool)
CHADD	Children & Adults w/Attention Deficit Disorder
CHD	Congenital Heart Disease
CLTL	Community Long Term Care
CP	Cerebral Palsy
CPI	Crisis Prevention Institute
CRS	Children's Rehabilitative Services
DD	Developmental Disability
DDSN	Department of Disabilities & Special Needs - State (SCDDSN)
D&E	Diagnosis & Evaluation
DSM-IV	Diagnostic Statistical Manual, 4th Revision
DSN	Department of Special Needs - Usually the County Department
DSS	Department of Social Services
ED/EH	Emotional Disorder/Emotional Handicap
EI	Early Intervention (ist)
EMD/EMH	Educable Mental Disability/Educable Mental Handicap
FAPE	Free Appropriate Public Education
FA	Functional Assessment
FBA	Functional Behavioral Assessment
FAS/FAE	Fetal Alcohol Syndrome/Fetal Alcohol Effects
FC	Facilitated Communication
FTT	Failure to Thrive
FRC	Family Resource Center
GDD	Global Developmental Delay
HCBS	Home and Community Based Services
HI/HH	Hearing Impaired/Hearing Handicapped
HMO	Health Maintenance Organization
IDEA	Individuals with Disabilities Education Act of 1990

COMMONLY USED ACRONYMS

IDEIA	Individuals with Disabilities Education Improvement Act of 2004 (IDEA '04)
IEP	Individualized Education Program
IFSP	Individualized Family Service Plan
IHP	Individualized Habilitation Program
IPP	Individual Program Plan
I&R	Information and Referral
IRWE	Impairment-Related Work Expense
LBW	Low Birth Weight
LD	Learning Disability
LEA	Local Education Agency
LRE	Least Restrictive Environment
MD	Muscular Dystrophy
MH	Mental Health (DMH-Department of Mental Health)
MR	Mental Retardation
MS	Multiple Sclerosis
NBD	Neurobiological Disorders
NCLB	No Child Left Behind
NICU	Neonatal Intensive Care Unit
NIH	National Institute of Health
NIMH	National Institute of Mental Health
NTD	Neural Tube Defect
OCD	Obsessive Compulsive Disorder
ODD	Oppositional Defiant Disorder
OHI	Other Health Impaired
OI/OH	Orthopaedically Impaired/Handicapped
OSEP	Office of Special Education Programs (Federal Div. of OSERS)
OSERS	Office of Special Education & Rehabilitative Services (Federal Div. of Dept. of Ed)
OT	Occupational Therapy
P&A	Protection & Advocacy Agency (SCP&A-South Carolina's P&A)
PBS	Positive Behavior Support
PCA	Personal Care Assistant
PDD	Pervasive Developmental Disorder
PDD-NOS	Pervasive Developmental Disorder, Not Otherwise Specified
PECS	Picture Exchange Communication System
PMD	Profoundly Mentally Disabled
PT	Physical Therapy
PTRC	Parent Training and Resource Center
RTI	Response to Intervention
SI	Sensory Integration
SIB	Self-Injurious Behavior
SLP	Speech Language Pathologist
SSA	Social Security Administration
SSI	Supplemental Security Income
SSDI	Social Security Disability Insurance
TEFRA	Tax Equity and Fiscal Responsibility Act
TMD/TMH	Trainable Mentally Disabled/Handicapped
VI/VH	Visually Impaired/Handicapped
WIC	Women, Infants, & Children Program

SOME LOWCOUNTRY SUPPORT GROUPS

Advocacy Coalition For People with Disabilities (ACPD) or Special Olympics: Paula Byers 795-5316

Autism Support Groups: 1st Monday of each month at Locklear's in Mt. Pleasant at 6:30 PM. Contact Laurie Priester at 884-3062 for information. A group also meets the 3rd Thursday of each month in North Charleston at 6:30 PM. This group is presently taking a break for the summer but will begin with regular meetings again in August. The meetings will be at Carolina Children's Charities office at 6296 Rivers Ave. Suite 300. Contact Kelly Herrick at 863-1445 for information regarding the location of the next meeting or email at specialneedssupportsc@yahoo.com. In the Summerville area a group meets from 6:30-8 PM at the Summerville YMCA (900 Cross Creek Drive off Trolley Rd.) Childcare is provided For more information please contact Kima at 821-9337.

Trident Head Injury Support Group meets the 1st Tuesday of each month at 7:30, at the HASCI Center, St. Andrews Shopping Center, Savannah Hwy, Charleston. Contact Patricia Glenn at 875-5806.

HIPS (Head Injury Support Group for Survivors) meets the 3rd Tuesday of each month, at 7:30, at the HASCI Center, St. Andrews Shopping Center, Savannah Hwy, Charleston. Richard Aust, 852-5550

Low country Polio Survivors Network will meet on Sept. 22 at Roper Hospital, Downtown, Conference Room 1 off the 1st Floor and on Oct. 27 at the Summerville Crestview Motor Park Club House. Both meetings begin at 3:00 PM. For directions or more info contact Patricia Buckner at 559-2728.

Down Syndrome Association of the Low country sponsors 4 Information Programs and 4 Social Events each year - watch for details of approaching events. For more information call 762-7602.

Parent & Guardian Association of the Coastal Center holds general meetings four times a year. The meetings are held on the 3rd Sun. in January, April, July, & October, for more info call Barbara West at 821-5809.

Rett's Syndrome Support - for families needing access to support services contact Nancy Banov at 556-4632

Stroke Support Group meets the 2nd Tuesday of each month from 6:00 - 7:00 PM at Roper Rehab Hospital, 8th Floor, E Elevator, Roper Hospital. Call Carla Boyette at 792-2829 for more information.

Summerville Multiple Sclerosis Support Group meets the 4th Friday of each month from 11:00-12:30 at Scottie's Restaurant Meeting Room on 10050 Dorchester Road. For more information, contact Elizabeth Peterson (873-0818), epertson6@sc.rr.com

Heart to Heart—a support group for patients, family members and parents of individuals with congenital heart disease meets the first and third Thursday of each month from 3-4 PM in room 841 at the MUSC Children's Hospital. Various topics of interest are discussed at each meeting. Contact Robin Ellinger at 792-3179

The National Alliance for the Mentally Ill (NAMI) of the Charleston area offers support group meetings for individuals who suffer from a brain disorder and for family members and caregivers of those who have severe and persistent mental illness. The meetings are 6-7:15 p.m. the second Monday of every month at First Christian Church, 1293 Orange Grove Road, West Ashley and at Sunrise Christian Church 102 Myers Road, Summerville. Meetings are also held on the fourth Monday of each month at the Institute of Psychiatry, 67 President Street, 5th floor, North Tower classroom 526. Free parking is available for this group in Visitor Lot G and Doughty street Garage. The support group sessions often are followed by an educational program. For more information Call NAMI at 727-6405 or visit www.namicharlestonarea.org.

Special Needs Ministry - at Crowfield Baptist Church 100 Hunters Lane, Goose Creek offers Parents' Night Out for children with special needs and their siblings the third Friday of each month from 6-9 PM. This ministry offers a structured program with a choice of activities including music, crafts, games, and movies. Advanced registration is required. Call the church at 569-6745x13. www.crowfieldbaptist.org

The disAbility Resource Center support group meetings are the fourth Monday of each month from 5-7 at the disAbility Resource Center office 7944 Dorchester Road Suite 5, N. Charleston SC. 29418. Refreshments will be served and everyone is invited. Even if you don't feel you can give or need support come on out anyway! The dis-Ability Support Group is all about education AND entertainment!

"No Limits" Events! 3rd Fridays of every even Month (August, October, December) 7:00-9:00 PM Metro North Church Open to Adults/Young Adults, High School Age and Older with special needs. (No small children please.) First Timers please call 553-3405. Plan your calendar for the next Events! 8/18, 10/20, 12/15. Call 553-3405 (ask for Betty) to confirm the date a few days in advance. Due to church functions some dates may be changed on occasion. Come have fun with friends, a live DJ and refreshments!

MILESTONES OF GROWTH & DEVELOPMENT

These milestones are meant as guidelines. Children will vary. It is important to discuss any developmental concerns with your child's pediatrician.

It may be useful to understand the progression of developmental milestones in typically developing children when writing IEP goals and objectives. This information can be helpful as you watch for emerging skills.

At 3 MONTHS OLD...

- Turn toward bright colors & lights
- Follow moving toys or faces with eyes
- Recognize or know the bottle or breast
- Respond to loud or new sounds
- Reach for & grasp toys or hair
- Wiggle & kick with legs & arms
- Lift head & shoulders up while on stomach
- Smile back at parents or other family members
- Make sounds, like gurgling, cooing, or babbling

At 6 MONTHS OLD...

- Turn toward voices
- Reach for toys and pick them up
- Roll over front-to-back & back-to-front
- Play with toys
- Help hold bottle during feedings, if bottle fed
- Know faces of family
- Babble, squeal, and repeat vowel sounds, like ooh, -ae, -e
- Sit by leaning on my hands

At 9 MONTHS OLD...

- Copy sounds or gestures
- Reach for crumbs or other small things with thumb & fingers
- Move toys from one hand to the other
- Supports self with straightened arms when on stomach
- Understand the word "No"

At 12 MONTHS OLD...

- Responds to name
- Look for an object if it is hidden, even if can't be seen
- Crawl on hands and knees
- Pulls self to a standing position
- Walk by holding onto furniture
- Can drink from a cup with help
- Enjoy playing games, like peek-a-boo or patty cake
- Say 1 to 2 words

At 15 MONTHS OLD...

- Use gestures
- Like to look at pictures in a book
- Can hold a crayon in a fist
- Hand toys when asked
- Can point to pictures when asked if things in the picture are familiar
- Walk alone without help

MORE MILESTONES

At 18 MONTHS OLD...

- Like to pull & push things
- Follow simple directions
- Pull off shoes & socks
- Feed self sometimes
- Step off low objects & keep balance
- Turn 2 to 3 pages of a book at a time
- Can point to one body part
- Can name one object
- Like to copy words or actions

At 21 MONTHS OLD...

- Can name 2 objects
- Like to pretend-play
- Can put together a simple picture puzzle if it has only 2 or 3 large pieces
- Like to throw balls
- Like to play alone with toys for a short time
- Say "No" a lot

At 24 MONTHS OLD...

- Use 2 to 3 words together, like "No, Mommy" or "More cookies"
- Say names of toys and people
- Feed self with a spoon
- Turn one page at a time
- Point to hair, eyes, and nose when someone asks
- Show affection to family members and pets
- Run short distances without falling

At 3 YEARS OLD...

- Answer simple questions
- Walk up steps, alternating feet
- Put clothes on
- Open simple containers
- Like to play with other children
- Repeat simple rhymes & songs
- Use 3 to 5 word sentences
- Name at least one color correctly
- Jump in place

At 4 YEARS OLD...

- Hop & stand on one foot for up to five seconds
- Kick a ball forward, throw a ball overhand & catch a bounced ball (most of the time)
- Copy square shapes & draw circles and squares
- Draw a person with two to four body parts
- Use scissors
- Begin to copy some capital letters
- Speak in sentences of 5 to 6 words clearly enough for strangers to understand
- Correctly name some colors
- Understand the concept of counting and may know a few numbers
- Follows three-part commands
- Understands the concept of same/different



SPEECH & LANGUAGE MILESTONES

Like those previously listed, these milestones are meant as guidelines. Children will vary. It is important to discuss any speech or language concerns with your child's pediatrician or a licensed speech and language pathologist.

AGE

HEARING & UNDERSTANDING

- | | |
|-----------|--|
| 3-6 Mos. | Responds to sounds & voices by looking toward sound source. |
| 6-12 Mos. | Responds to requests like "Come Here." Looks at pictures. Understands gestures. |
| 1-2 Years | Obeys simple commands like "Put the truck in the box." Can point to body parts. Recognizes pictures of objects. Listens to rhymes & songs. |
| 2-3 Years | Identifies objects by function (ie: "Which one do you play with?") Understands prepositions & adjectives. |
| 3-4 Years | Listens to stories. Follows 2-part commands. Can match & sort objects. Remembers recent events. |
| 4-5 Years | Comprehends 2500 words. Understands common opposites (hot/cold). Follows 3-part commands. Likes books, tries to "read" them. |
| 5-6 Years | Understands time concepts. Begins to differentiate between fact & fantasy. Understands humor, plot, surprise. Can sequence 4 pictures to make story. |
| 6-8 Years | Understands riddles. Anticipates story endings. Wonders about abstract concepts. |

AGE

EXPRESSIVE LANGUAGE

- | | |
|-----------|--|
| 3-6 Mos. | Babbles. Practices sounds. Vocalizes back |
| 6-12 Mos. | Babbling sounds like real speech. Plays simple games like pat-a-cake. Vocalizes to get attention |
| 1-2 Years | Says first words & names objects. Repeats phrases like "all gone." Begins to use 2 words sentences. |
| 2-3 Years | Uses 2-4 word sentences. Vocabulary builds to about 900 words. Uses adjectives & pronouns. |
| 3-4 Years | Asks lots of questions. Speech is understandable. Tells stories, shares ideas. Vocabulary builds to 1500 words. Counts to three. |
| 4-5 Years | Uses complete sentences. Uses how & where questions. Talks about imaginary things. Counts to ten. |
| 5-6 Years | Tells several things about an object. Tells sequence of events. Likes to pretend & act out stories. Uses complex sentences. |
| 6-8 Years | Gives short oral reports. Uses details in description. Names days, months, numbers in order. |

RESOURCE DIRECTORY

The Family Resource Center for Disabilities & Special Needs

The Family Resource Center for Disabilities and Special Needs, a non-profit organization located in Charleston, South Carolina, was organized to promote opportunities for learning, inclusion, and empowerment for individuals with disabilities and special needs, their families, and their communities through such means as education, advocacy and outreach. The Family Resource Center is funded through grants, donations, fundraisers and community support. The Board of Directors of The Family Resource Center Board of Directors contains, in majority, members who are parents or family members of individuals with disabilities. The Board invites inquires regarding the activities of The Family Resource Center. Please call (843) 266-1318 for further information

Parent Training and Resource Center (PTRC)

The PTRC is funded by the US Department of Education to provide information and direct support to families of children with disabilities and special learning needs. The purpose of the program is to empower parents and promote their participation in the special education process. This is accomplished through various means including information and referral, training conferences, a free lending library, a quarterly newsletter and 1:1 peer mentoring.

Project REST (Restraint: Efficacy, Safety, & Training)

Project REST was organized with funding from the South Carolina Developmental Disabilities Council, Office of the Governor. This project has been examining the application of restraint techniques on children with developmental disabilities in the public school systems of Charleston, Berkeley and Dorchester Counties. Project REST has developed the "Manual for Recommended Practice" to be used as a resource tool for parents and school personnel when considering the issues involved when a student is restrained. The purpose of the project is the safe and reduced use of restraint through an Addendum to a student's Behavior Intervention Plan/Individual Education Program (IEP). With support from the SC State Department of Education, Project REST offers workshops throughout SC to promote the Manual for Recommended Practice. A downloadable version of the Manual and the training calendar can be found at the Family Resource Center website: www.frdsn.org

Project SAGE (Self Advocates for a Good Education)

Project SAGE is a training & support program offered to students with developmental disabilities that is meant to increase and maximize, to the greatest extent possible, their participation, in the development of their Individual Education Programs (IEP). Targeted for Middle & High School students in Berkeley, Charleston, & Dorchester Counties, Project SAGE training emphasizes self-determination while providing students with the knowledge base necessary to build an understanding of the process that guides their education. Students are offered the opportunity to learn the basics of special education service delivery with a focus on creating transition programs that reflect their preferences and builds upon their strengths. Students participating in Project SAGE training will have access to follow-up support and IEP meeting help from the Parent Training and Resource Center Peer Parent Mentors. Project SAGE is funded by a grant from the Developmental Disabilities Council, Office of the Governor. It is the intent of the FRC to create a replicable model that can be used in school districts throughout the state.

Every effort is made to keep the information contained in this Resource Directory current. If you are aware of changes that should be made to the contents of this Directory please contact the Family Resource Center - (843) 266-1318 or E-Mail: bevmccarty@frdsn.org